

## Laboratory Technical Bulletin Obsolete Test

Date: January 3, 2019

Effective Date: January 7, 2019

Title: Obsolete Test

Test: Magnesium, Red Blood Cell

**Explanation of change:** Due to limited clinical utility, Red Blood Cell (RBC) Magnesium will no longer be available effective January 7, 2019. The RBC Magnesium test does not offer clinical advantages over serum levels and does not correlate with other tissue fractions. For total magnesium status, a 24 hour urine magnesium test is a superior alternative. (Note – reference values have not been established for patients <18 years and >83 years.)

|                 | Old             | New              | New                     |
|-----------------|-----------------|------------------|-------------------------|
| Test Name       | Magnesium, RBC  | Magnesium, Serum | Magnesium, 24 hr urine  |
| Perform Site    | Mayo Clinic Lab | CMC Lab          | Mayo Clinic Lab         |
| Reference Range | 3.5 - 7.1 mg/dL | 1.9-2.7 mg/dL    | 51-269 mg/24 hr         |
| Specimen        | metal-free EDTA | SST              | 24 hour urine           |
| Volume Required | 4 mL            | 6 mL             | Entire 24 hr collection |
| Turnaround time | 3 days          | same day         | 3 days                  |

|  | Date 01/03/19 |  |
|--|---------------|--|
| Dr. Elizabeth Plocharczyk MD, Laboratory Assistant M |               |  |
| Toni Burger, Laboratory Administrative Director      | Date 1-3-19   |  |