








Laboratory Technical Bulletin

Date: November 12, 2025

Effective Date: November 12, 2025

Title: Cayuga Respiratory Testing Options

Testing for common respiratory pathogens can be ordered in a panel or as individual tests.

Test	COVID/Flu/RSV RT-PCR (LAB20084)	Rapid COVID-19 Molecular (LAB10029)	Rapid Influenza A/B Molecular (LAB9024)	Rapid RSV Molecular (LAB495)
Perform Site	CMC Main Lab	CMC Main Lab, Schuyler Lab & Multiple Point of Care (POC) sites		
Tests for?	COVID, FLU A, FLU B & RSV	COVID	Flu A & B	RSV
Method	RT-PCR (Cepheid 4-plex)	Isothermal nucleic acid amplification (ID NOW)		
Specimen	Nasopharyngeal or Nasal swab inserted in transport media (VTM/UTM) 	Green NP swab  or Red nasal swab  <i>Please Note: Must be a SEPARATE collection from FLU or RSV. No transport media!</i>	Red nasal swab  or Nasopharyngeal Swab inserted in transport media (VTM/UTM/M5) 	Green NP swab  or Nasopharyngeal Swab inserted in transport media (VTM/UTM/M5) 
Specimen Stability	48 hours room temp or 7 days refrigerated	1 hour from collection room temp *MUST BE COLLECTED ON-SITE*	2 hours room temp or 24 hours refrigerated	2 hours room temp (without media) 8 hours room temp (with media) or 24 hours refrigerated (with or without media)
Turnaround time	45 min-1 hour	15-20 minutes		

Collection supplies can be obtained from the laboratory. Please contact the Microbiology Lab at (607)274-4474 with any questions.

 Date 11/12/25
Laurie Mraz, Microbiology Manager

 Date 11/12/25
Michelle Walters, Laboratory Administrative Director

 Date 11/13/25
Dr. Elizabeth Plocharczyk, Laboratory Medical Director