

Laboratory Technical Bulletin

Date: 6/16/2023

Effective Date: 6/22/2023

Title: New Orderable Test Panel: Random Urine Protein to Creatinine Ratio

Test: Protein to Creatinine Ratio, Random Urine

Explanation: A random urine Protein to Creatinine Ratio is now orderable. This will include a Random Urine Total Protein, a Random Urine Creatinine, and a Protein to Creatinine Ratio.

	New Test Panel	
Perform Site	CMC Lab	
Test Code	RUTP.CR.RATIO	
Reference Range	Not Established for Ratio	
Interpretive Comment	A ratio >0.2 mg/mg is the most commonly reported cutoff value for detecting proteinuria. A ratio >3.5 mg/mg confirms nephrotic proteinuria. The International Society for the Study of Hypertension in Pregnancy recommends a ratio of 0.3 mg/mg for the classification of proteinuria in pregnant women at risk of preeclampsia. In doubtful situations, it is still recommended to assess proteinuria in a 24 hour urine collection.	
Specimen	Urine Cup, minimum volume 2mL	
Test Performed	Monday through Sunday; Continuously	

Reviewed by: Elizabeth Plocharczyk, MD	
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Michelle Walters, Laboratory Director	
Kristen Pellor, Core Laboratory Manager	Date 6/19/2023