

Urine Specimen Collection

CLEARLY LABEL ALL SPECIMENS WITH PATIENT'S FULL NAME, DATE OF BIRTH, DATE AND TIME OF COLLECTION.

Specimen may be rejected if this crucial step is omitted!

1. Obtain Urine Collection Kit (or sterile urine cup) from healthcare provider.



2. Wash hands thoroughly with soap and water.
3. Open bag and remove cup and towelettes. *(If using urine collection kit, leave yellow and gray tubes in bag for medical personnel to use. Do NOT remove the label from the top of the blue collection cup. There is a needle under the label.)*
4. Unscrew cap of the cup and place cap facing upward on the counter.

To avoid contamination, do NOT touch inside of cup or cap.

5. Cleanse yourself with towelettes as follows:

Penile Preparation – Wipe head of penis in a single motion with one towelette. Repeat with remaining towelette. If not circumcised, hold foreskin back before cleansing. Urinate a small amount into toilet or bedpan. Proceed to step 6.

Labial Preparation – Use two fingers to separate the labia. Wipe inner labia folds front to back in single motion with one towelette. Wipe down through center of labial folds with remaining towelette(s). Keep the labia separated and urinate a small amount into toilet or bedpan. Proceed to step 6.

6. Place cup under stream and continue to urinate into cup and collect specimen.
7. Finish voiding into toilet or bedpan.
8. Replace cap on cup. Tighten cap securely.
9. Wash hands thoroughly with soap and water.
10. Deliver cup to healthcare professional immediately.

