

## **Laboratory Technical Bulletin**

Date: 5/5/21 Go-Live Date: May 5, 2021

Title: Osmolality Testing will start in Main Lab CMC again!

Test: Serum and Urine Osmo

Explanation of change: A new instrument has been purchased and validated. Serum and Urine Osmolality testing will be offered in-house beginning May 5, 2021.

	Old	New
Perform Site	Mayo Clinic Labs	CMC Lab
Method	Freezing Point Depression	Freezing Point Depression
Test Code		OSM, RUOSM
Reference Range	Serum: 275-295mOsm/kg Urine, Random 0-11 months: 50-750 mOsm/kg ≥12 months: 150-1150 mOsm/kg	Serum:       275-295 mOsm/kg         Urine, Random:       < 1 year old: 50-750 mOsm/kg
Critical Limits		Serum Osmo: <240 mOsm/kg >335 mOsm/kg
Specimen and Volume Required	Serum: SST 6 mLs Urine: Urine cup 10mLs	No change
Turnaround time	1-3 days	Monday through Sunday; Continuously

	Date 05/05/21	
Dr. Elizabeth Plocharczyk, Laboratory Medical Director	T 1-1:	
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Patricia D. Lindquist, Assistant Technical Director