

## **Laboratory Technical Bulletin**

| Date: | 01/26/21 | Effective Date: 1/26/2021   |
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Title: 5,10-Methylenetetrahydrofolate Reductase (MTHFR) C677T, Mutation, Blood Test is Obsolete

Test: 5,10-Methylenetetrahydrofolate Reductase (MTHFR) C677T, Mutation, Blood

Explanation of change: This test is obsolete due to lack of predictive value for venous thromboembolism (VTE) or adverse pregnancy outcomes, at May Clinic Laboratories. Testing recommendations for MTHFR mutations have evolved and the American College of Medical Genetics (ACMG) and the American college of Obstetricians and Gynecologists (ACOG) recommend against testing.

There are no recommended alternative tests.

|  | Date | 01/26/21 |
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| Dr. Elizabeth Plocharczyk, Laboratory Medical Director |      |          |
| Mussen   | Date | 1/26/21  |
| Patricia Lindquist, Assistant Technical Director       |      |          |