

Outpatient Lab Services

Drop off specimen location:

ITHACA

Cayuga Medical Center

101 Dates Dr.
Ithaca, NY 14850
(607) 274-4474
(607) 252-3320 fax
M-F 7:00 a.m.-5:30 p.m.
Sat 7:00 a.m.-2:00 p.m.

*** NOTE:** Please make sure that your full name, date of birth, and the date and time of specimen collection are marked clearly on the specimen container.



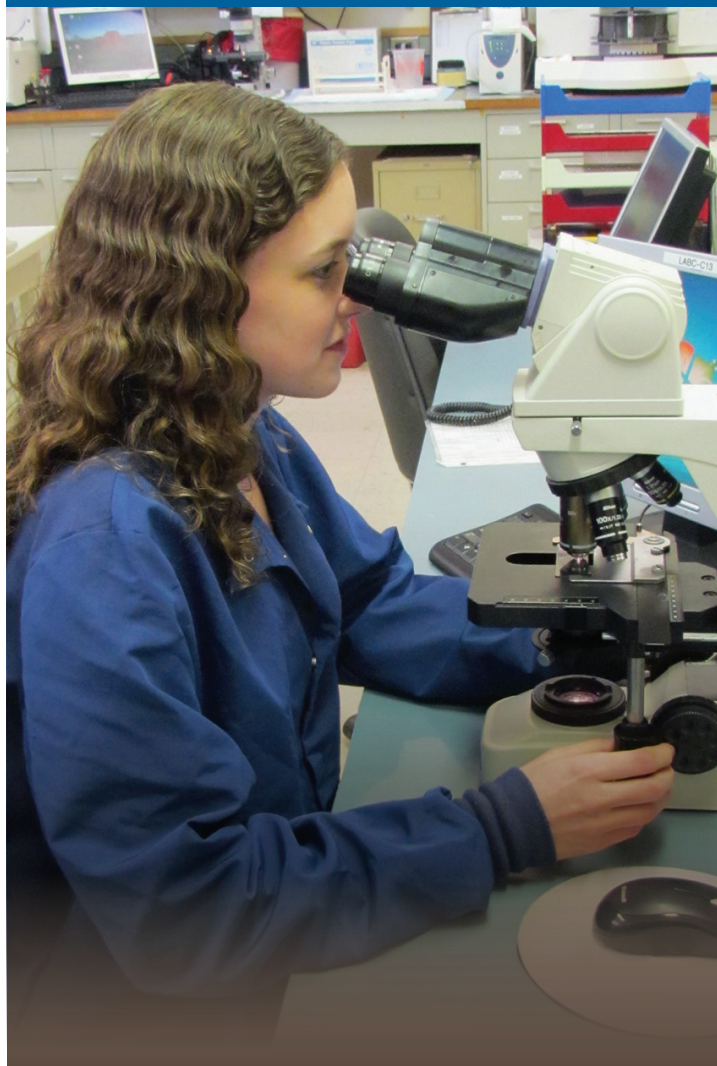
Specialized testing from: Mayo Clinic Laboratories

For more information:

Please call our locations listed above or visit us online at cayugamed.org. [f](#) [t](#) [i](#)

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Semen Collection



Cayuga
Medical
Center

Ithaca, NY



Laboratory Services

Semen Collection

What is the test?

Semen analysis is a lab test that is used to determine male fertility. This test is helpful in discovering whether an abnormality in the semen is the cause of a couple's inability to conceive a child. Semen analysis is also used following a vasectomy to determine the effectiveness of the surgery in achieving male sterilization.

How do I prepare?

Semen analysis requires a semen sample for microscopic examination at the Laboratory.

Obtain specimen container from doctor's office.

How is the semen collection done?

- Abstain from sexual relations for two to four days before the collection.
- Do not use a condom to collect the semen sample. Do not use any form of lubricant, as it obstructs microscopic evaluation of the semen.
- Produce the specimen by masturbation. Ejaculate into a clean container provided to you by the office, so that the semen runs down the side of the container. Be careful to collect the entire specimen, especially the first few drops.
- The specimen must be collected in provided container. Semen specimens received in any other container will not be acceptable. ***Please make sure that your full name, date of birth, and the date and time of specimen collection are marked clearly on the container.*** If any of this information is omitted, the specimen may be rejected.

- Infertility specimens must be received as soon as possible and within 45 minutes of collection. After collection of the specimen keep the specimen as close to body temperature as possible. Do not place the specimen into a purse or pocket. Sperm do not have a long life outside of the body.

If you are undergoing infertility testing,

You can deliver your semen sample to the CMC lab at Cayuga Medical Center, 101 Dates Dr., Ithaca, NY., **between 9:00 a.m. and 1:00 p.m., Monday through Friday.**

If you are undergoing post-vasectomy testing,

drop off your specimen the same day it was collected. Record the time you produced the semen specimen and write it on the container. Drop off your specimen at the CMC lab at Cayuga Medical Center, 101 Dates Dr., Ithaca, NY.

* Drop off same day specimen is collected.

How and when will I get my test results?

Test results from a semen analysis are typically available within two to three days. The test results will be sent to your doctor, who will share them with you.

If you have any questions regarding lab testing, you can reach the Cayuga Medical Center Laboratory at (607) 274-4474.