

Hemoccult SENSE Collection Guide

**CLEARLY LABEL SPECIMEN WITH PATIENT'S FULL NAME,
DATE OF BIRTH, DATE AND TIME OF COLLECTION.
*Specimen may be rejected if this crucial step is omitted!***

1. Please obtain unopened Hemoccult SENSE card(s), applicator stick(s) and specimen bag from healthcare provider.



2. **7 days ...prior to... and during testing:**

- No more than one adult aspirin (325 mg) a day
- No other non-steroidal anti-inflammatory drugs such as ibuprofen

NOTE: Please talk to your physician or pharmacist if you have any questions about medications you take regularly.

3. **3 days ...prior to... and during testing:**

- No red meat (beef, lamb, or liver).
- No more than 250 mg vitamin C a day from supplements, and citrus fruits and juices. An average orange contains approximately 70-75 mg vitamin C. 100% of the recommended daily allowance of vitamin C is 60 mg. (Some iron supplements contain vitamin C in excess of 250 mg.)

4. Do not collect sample if visible blood is in your stool or urine (menstruation, active hemorrhoids, urinary tract infection).
5. Use any clean dry container or plastic wrap to collect stool sample.
6. Open the Hemoccult SENSE card by lifting the green tab underneath the name/address information. Use applicator stick to apply a THIN smear of stool to Box A.
7. Reuse applicator stick to obtain a second sample from a different part of the stool. Apply a THIN smear of stool to Box B.
8. Close cover and place specimen in specimen bag for transport.
9. Wash hands thoroughly with soap and water.
10. Deliver Hemoccult SENSE card(s) to healthcare professional. Cards containing samples may be stored at room temperature for up to 14 days before testing.